

Making Food a Festival

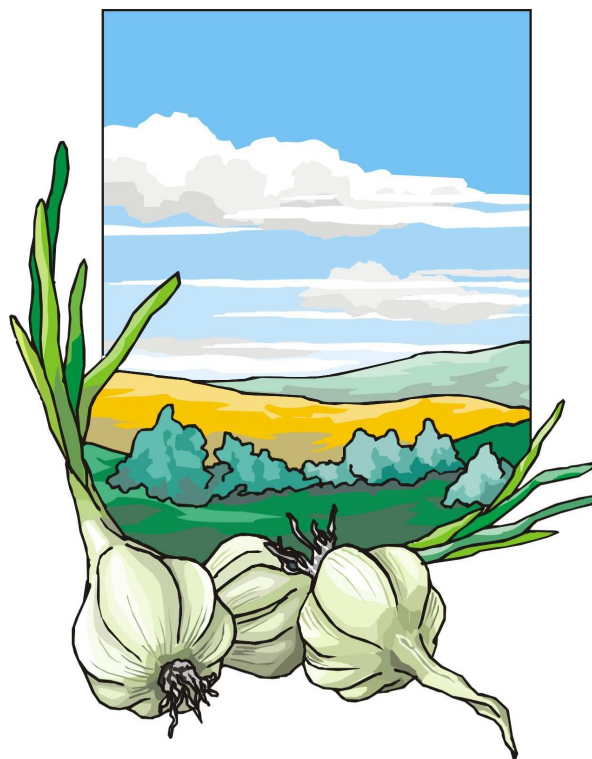
The Garlic Guru, a vegetarian restaurant (with meat options). Garlic is everywhere, including in our desserts!

Locally sourced vegetables used - when available. Only Whole Wheat and Multigrain Flour used in our products.

We serve on biodegradable Taterware. This includes the cutlery, plates and soup bowls.

All Items available for take out.

Catering available for up to 50 people.



Garlic Guru

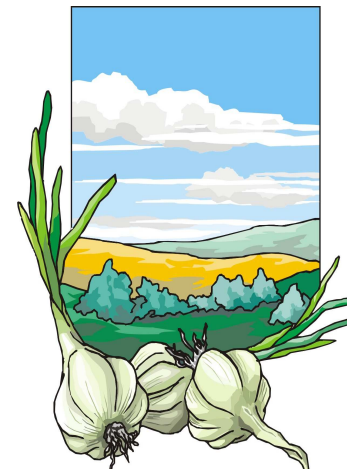
414 Ave B South
(at the Saskatoon Farmers Market)
Saskatoon, SK

306-370-0033

www.garlicguru.ca

Garlic Guru

Menu



Tel: 306 370-0033

Soups & Dips

Curried Sweet Potato & Focaccia	\$5.95
Cheesy Pepper Pot & Focaccia	\$5.95
Potato Roasted Onion Dill & Focaccia	\$5.95
Spicy Roasted Tomato and Roasted Garlic & Focaccia	\$5.95
Soup only	\$4.95
Frozen Soup 16 oz	\$4.00
Frozen Soup 32 oz	\$7.50
Smokey Garbanzo Dip - 8 oz	\$4.00
Roasted Red Pepper Hummus - 8 oz	\$4.00
Sundried Tomato Hummus – 8 oz	\$4.00
Organic Zucchini Dip – 4 oz	\$4.00
Death by Garlic Dip – 4 oz	\$4.00

Appetizers Salads & Dips

Spinach Balls and Fresh Veggies	\$3.75
Spinach Balls - each	.50
Marinated Tomatoes and Focaccia	\$3.25
Pita Chips with choice of dip	\$3.75
Focaccia Bread with choice of dip	\$3.25
Fresh Veggies with choice of dip	\$3.75
Fresh Salsa – 16 oz	\$4.00
Whole Wheat Couscous Salad– 16 oz	\$4.00
Quinoa Tabouli – 8 oz	\$4.00
Quinoa Hot Chili Salad – 4 oz	\$4.00
Quinoa Super Salad – 8 oz	\$4.00

Main Course and Desserts

Quinoa Lasagne – Small (Bake at Home)	\$4.00
Quinoa Lasagne – Large (Bake at Home)	\$7.50
Quinoa Veggie Burgers – Frozen – Qty 6	\$12.00
Garlic Chocolate Chip Cookies	\$.50
Garlic Brownies	\$1.75
Garlic Brownies in Phyllo with Garlic Ice Cream	\$3.75
Garlic Ice Cream - Bowl	\$3.25
Garlic Ice Cream – 1 litre	\$10.00
Sweet Potato Ice Cream - Bowl	\$3.25
Ice Cream Sampler – spoonful of Garlic and spoonful of Sweet Potato	\$1.50